Contractors Health Trust (CHT): Trust1500 Summary of Benefits and Coverage: What this Plan Covers & What it Costs

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>www.fringebenefitsonline.com</u> or by calling 1-888-221-2201 .					
Important Questions	Answers	Why this Matters:			
What is the overall <u>deductible</u> ?	PPO Provider and Non-PPO combined: \$1,500 /person; \$3,000 /family. Does not apply to PPO preventive care, prescription drugs, PPO office visits, hearing services, and some therapies. Balance billing, excluded services, penalty for failure to precertify, coinsurance amounts and copayments do not count toward the <u>deductible</u> .	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .			
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services but see the chart starting on page 2 for other costs for services this plan covers.			
Is there an <u>out–of–pocket</u> <u>limit</u> on my expenses?	Yes, the <u>Out-of-Pocket</u> Limit_for cost-sharing for PPO copayments, coinsurance and deductibles per calendar year is \$6,600 individual/ \$13,200 family. This includes a coinsurance maximum of PPO \$2,000 Individual/ \$4,000 Family as well as a \$1,500 Individual/ \$3,000 family out-of- pocket limit for in-network prescription drugs. This plan has no <u>Out-of-Pocket limit</u> for cost-sharing for Non-PPO providers (or pharmacies). However, there is a Non-PPO coinsurance maximum of \$4,000 Individual/ \$8,000 Family,				
What is not included in the <u>out–of–pocket</u> <u>limit</u> ?	The Out-of-Pocket Limit for PPO cost-sharing does not accumulate premiums, balance-billed charges, non-covered expenses, charges in excess of benefit maximums, penalty for failure to obtain precertification, dental plan expenses and out-of-network deductibles, copays and coinsurance except ER visit in cases of an emergency.	Even though you pay these expenses, they don't count toward the <u>out-</u> <u>of-pocket limit</u> .			
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of PPO providers, see <u>www.anthem.com,</u> or call 1-888-221-2201.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in- network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .			

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Contractors Health Trust (CHT): Trust1500

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Do I need a referral to see a specialist?	No	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services		Some of the services this plan doesn't cover are listed on page 6. See
this plan doesn't	Yes	your policy or plan document for additional information about
cover?		excluded services.

• <u>Co-payments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.

- <u>Co-insurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>co-insurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed</u> <u>amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed</u> <u>amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use PPO providers by charging you lower deductibles, co-payments and co-insurance amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$30 copay/visit	40% coinsurance	Deductible does not apply to PPO visits.
If you visit a	Specialist visit	\$45 copay/visit	40% coinsurance	Deductible does not apply to PPO visits.
health care <u>provider's</u> office or clinic	Other practitioner office visit	20% coinsurance for chiropractor	40% coinsurance for chiropractor	Coverage is limited to 12 chiropractic visits per person per year.
	Preventive care/screening/ immunization	No charge	Not covered	Covers Health Care Reform required preventive services at 100%. Deductible does not apply to PPO services.
If you have a toot	Diagnostic test (x- ray, blood work)	20% coinsurance	40% coinsurance	Covered only when ordered by a Physician or Health Care Practitioner.
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	Precertification is required to avoid a \$200 penalty.

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Contractors Health Trust (CHT): Trust1500

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2017 – 12/31/2017

Coverage for: Individual + Family | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use a PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions
If you need drugs	Generic drugs	Retail: 20% coinsurance, minimum copay of \$10/prescription; Mail: \$20 copay/prescription	Not covered	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription)
to treat your illness or condition	Brand formulary drugs	Retail: 30% coinsurance, minimum copay of \$20/prescription; Mail: \$40 copay/prescription	Not covered	 Covers up to a 30-day supply (retail prescription; 31-90-day supply (mail order prescription). If you select a brand drug when a generic is
More information about <u>prescription</u> <u>drug coverage</u> is available from Express Scripts <u>www.express-</u> <u>scripts.com</u> or call 1-877-551-8811.	Brand Non- formulary drugs	Retail: 50% coinsurance, minimum copay of \$40/prescription; Mail: \$80 copay/prescription	Not covered	 available, and your Provider did not require the brand drug, you will be required to pay the difference between the cost of the brand drug and the generic drug, in addition to any coinsurance or copays. This amount will not accumulate to the Out-of-Pocket maximum. No charge for FDA-approved brand contraceptive if generic is medically inappropriate.
	Specialty drugs	\$75 copay/prescription	Not covered	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription)
If you have	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	Precertification is required to avoid a \$200 penalty
outpatient surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	Assistant Surgeon: you pay 20% of the eligible expenses allowed for the primary surgeon or 10% for a Physician Assistant, surgical assistant or a registered nurse.
If you need	Emergency room services	\$100 copay/visit and 20% coinsurance	\$100 copay/visit and 20% coinsurance	Must be for emergency service as defined by the Plan. \$100 copay/visit is waived if admitted.
immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	Must be for emergency service as defined by the Plan.
	Urgent care	\$45 copay/visit	40% coinsurance	Deductible does not apply to PPO services.

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Coverage Period: 01/01/2017 - 12/31/2017

Coverage for: Individual + Family | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use a PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions
If you have a	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Precertification is required to avoid a \$200 penalty. Coverage is generally only provided for semi- private rooms.
hospital stay	Physician/surgeon fee	an/surgeon 20% coinsurance 40% coinsurance		Assistant Surgeon: you pay 20% for the primary surgeon or 10% for a Physician Assistant, surgical assistant or a registered nurse.
	Mental/Behavioral health outpatient services	\$30 copay/visit, 20% coinsurance for other outpatient services	40% coinsurance	Deductible does not apply to PPO office visits. Certain court-ordered treatment not covered.
If you have mental health, behavioral health,	h, Mental/Behavioral health inpatient services 20% coinsurance 40% coinsurance	40% coinsurance	Precertification is required to avoid a \$200 penalty. Coverage is generally only provided for semi-private rooms. Certain court-ordered treatment not covered.	
or substance abuse needs	Substance use disorder outpatient services	\$30 copay/visit, 20% coinsurance for other outpatient services	40% coinsurance	Deductible does not apply to PPO office visits. Certain court-ordered treatment not covered.
	Substance use disorder inpatient services	20% coinsurance	40% coinsurance	Precertification is required to avoid a \$200 penalty. Coverage is generally only provided for semi-private rooms. Certain court-ordered treatment not covered.
If you are pregnant	Prenatal and postnatal care	No charge	No coverage for female preventive care screenings, all other services 40% coinsurance after the deductible.	Ultrasounds covered as imaging services. Coverage includes some gestational diabetes screenings. Coverage does not include Lamaze classes.
	Delivery and all inpatient services	20% coinsurance	40% coinsurance	Precertification is required if extended stay is expected to avoid a \$200 penalty.

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Contractors Health Trust (CHT): Trust1500 Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2017 - 12/31/2017

Coverage for: Individual + Family | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use a PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions
	Home health care	20% coinsurance	40% coinsurance	Maximum of 100 days/year in lieu of inpatient care or skilled nursing facility care. Provider must certify initially and periodically.
	Rehabilitation services	20% coinsurance	40% coinsurance	Maximum of 20 visits/year (more than 20 visits in limited circumstances). Inpatient fees may apply if services received in an inpatient setting.
If you need help recovering or have	Habilitation services	20% coinsurance	40% coinsurance	Deductible does not apply to PPO and Non-PPO services. 20 visits per type of therapy for congenital defects and birth abnormalities (only available from third birthday to sixth birthday).
other special health needs	Skilled nursing care	20% coinsurance	40% coinsurance	Maximum of 60 days/year. Allowed amount based on prevailing semi-private room rate in confined area.
	Durable medical equipment	20% coinsurance	40% coinsurance	Rental of equipment is covered unless purchase is less expensive. Replacement is allowed once in a 5 year period due to pathological changes or normal growth.
	Hospice service	20% coinsurance	40% coinsurance	Maximum of 8 days/lifetime for Respite Care and 6 visits for Licensed/Certified Social Worker.
	Eye exam	Not covered	Not covered	Your employer must decide whether or not to offer vision benefits. If it does, coverage will be through a separate vision plan.
If your child needs dental or eye care	Glasses	Not covered	Not covered	Your employer must decide whether or not to offer the vision benefits. If it does, coverage will be through a separate vision plan.
	Dental check-up	Not covered	Not covered	Dental benefits are separately insured. Your employer must decide whether or not to offer the dental benefits.

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Contractors Health Trust (CHT): Trust1500

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)						
Acupuncture	• Dental care (unless your employer elects to include dental coverage)	• Routine eye care (unless your employer elects to include vision coverage)				
Bariatric Surgery	Infertility treatment	Routine foot care				
Cosmetic surgery	Private duty nursing	• Weight loss programs (except as required under health reform)				
Other Covered Services						

(This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

•	Chiropractic care (12 visits/per	•	Hearing aids (for minor children	•	Non-emergency care when traveling outside the U.S. (if a resident
	person per year)		with hearing loss)		of USA and traveling for vacation, business, or schooling)

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-888-221-2201. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact the Administrative Office at 1-888-221-2201. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al (888) 221-2201.

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.—

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Contractors Health Trust (CHT): Trust1500 Coverage Examples

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having	а	baby
(normal	del	ivery)

- Amount owed to providers: \$7,540
- **Plan pays** \$4,990
- Patient pays \$2,550

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540
Patient pays: Deductibles	\$1,500
Patient pays: Deductibles Copays	\$1,500 \$0
Deductibles	
Deductibles Copays	\$0

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$3,160
- Patient pays \$2,240

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$1,340
Copays	\$210
Coinsurance	\$650
Limits or exclusions	\$40
Total	\$2,240

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>co-</u> <u>payments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

 ✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>co-payments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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